# UNITY LOGO

# **Personal, Social, Health and Economic Wellbeing Education (PSHEE) Policy**

**May 2019**

**1. Introduction**

Personal Social Health and Economic Wellbeing Education (PSHEE) provides a curriculum context for the personal and social development of our students, facilitating personal growth through a planned educational programme. We encourage our pupils to play a positive role in contributing to the life of the college and the wider community. In so doing we help develop their sense of self-worth.

PSHEE enables young people to become healthy, independent and responsible members of society, and is a key area in helping the college to meet the five outcomes of the Every Child Matters (ECM) agenda;

Be healthy

Stay safe

Enjoy and achieve

Make a positive contribution

Achieve economic well-being

**2. Aims and objectives of the policy**

To clarify the role of PSHEE in providing planned learning experiences to promote the personal, social and health education of students and its importance in ensuring that students fulfil their potential.

The aims of PSHEE are to enable young people to:

know and understand what constitutes a healthy lifestyle;

be aware of safety issues;

understand what makes for good relationships with others;

have respect for others;

be independent and responsible members of the college community;

be positive and active members of a democratic society;

develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;

develop good relationships with other members of the college and the wider community and;

Achieve economic wellbeing

**3. Organisation and structure:**

PSHEE takes place within the college in a variety of contexts, both formal and informal. The formal curriculum offers specific PSHEE through the college’s tutorial programme and via cross-curricular links. The “informal curriculum” provides a wide range of opportunities for PHSEE, including drama, lunch-time activities, charity fundraising, the planning of college events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves.

We also develop PSHEE through activities and whole-college events, eg the college council representatives from each class meet regularly to discuss college matters. We have a regular achievements assembly where students’ achievements (in and outside of college) are celebrated. We offer international visits annually, where there is a focus on developing pupils’ self-esteem and giving them opportunities to develop leadership and co-operative skills. Students also have the opportunity to pursue the Duke of Edinburgh Award.

Every subject, every activity and every interaction that our students are engaged in will contribute to their personal and social development. It is, therefore, important that we ensure that all the messages we give are positive and consistent with the philosophy which underpins this policy.

**4. Use of Visitors**

Visitors are a valuable resource. They can bring new knowledge, expertise and experiences to the classroom. They can also offer real scenarios for the children to engage with values clarification and problem solving. Visitors are used to enhance and enrich classroom sessions, but the overall lead remains with the tutor. We currently have strong links with a wide variety of outside agencies that support and enhance learning in the classroom and will look to develop this aspect of our work further.

**5. Sensitive and controversial issues**

Sensitive and controversial issues, such as sex, drugs, racism, religion and politics, are certain to arise in PSHEE teaching. There will be times when such topics may conflict with individual values and beliefs; topic areas should be addressed with caution in line with specific college policies. It is important that our child protection procedures are followed with regard to visitors.

The Education Act 1996 aims to ensure that children are not presented by their teachers with only one side of political or controversial issues. Teachers will take all reasonable practical steps to ensure that, where political or controversial issues are brought to pupils’ attention, they are offered a balanced presentation with due regard being given to opposing views. Government guidance on Sex and Relationship Education states: *“Young people, whatever their developing sexuality, need to feel that sex and relationship education is relevant to them and sensitive to their needs…”*

Pupils should be encouraged to seek advice from a professional such as their own GP or the college nurse and talk to their parents.

**6. Confidentiality**

The college’s confidentiality policy should be followed.

**7. Policy links:**

SRE Policy

Drugs Education

Learning and Teaching Policy

Assessment, Recording and Reporting Policy

College Policy Statement on Equal Opportunities

Policy for Racial Equality

Child Protection Policy

Confidentiality Policy