## Changes to the self-isolation period for those who test positive for COVID-19

The DfE have provided further information about the impact of the changes to the self-isolation periods which I have copied here.

From Monday 17 January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](https://www.gov.uk/report-covid19-result?utm_source=14%20January%202022%20C19&utm_medium=Daily%20Email%20C19&utm_campaign=DfE%20C19).

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

Further [information on self-isolation for those with COVID-19](https://www.gov.uk/government/news/self-isolation-for-those-with-covid-19-can-end-after-five-full-days-following-two-negative-lfd-tests?utm_source=14%20January%202022%20C19&utm_medium=Daily%20Email%20C19&utm_campaign=DfE%20C19) is available.