

Year 8 English - Non-fiction Anthology

	You will learn	Online Resources	Teaching Resources/ Links
Re	eading skills: To identify the features of different poetry. To explore British culture and other cultures from across the	Transactional writing: Writing a speech - Speaking - KS3 English Revision - BBC Bitesize	Collins KS3 English All-in-one Revision and Practice Book: Reading: P4-39; 148-158
•	world. To understand and analyse how a writer's use of language looking at the style and content of their poetry.	Language in nonfiction texts: How to investigate language in non-fiction texts - BBC Bitesize	Writing: P40-57; 62-63; 70-73; 160- 166; 168; 171
•	To identify and analyse the methods and techniques used by a poet through annotation of a text. To answer questions using inference.	Structure of nonfiction texts: How to investigate structure in non- fiction texts - BBC Bitesize	Oxford AQA KS3 English Language Year 8 – Preparing for Paper 2.
•	Revise, identify a range of word classes and comment on their specific effect.	Compare nonfiction texts: How to compare non-fiction texts - BBC Bitesize	CGP Key Stage Three Spelling, Punctuation and Grammar
•	riting skills: To be able to write creatively, using empathy, for people in the poems you study.	Persuasive writing: 9 of the Best Persuasive Writing Worksheets and Resources for KS3 and KS4 English (teachwire.net)	Guide – The Work Book. CGP Key Stage Three Spelling, Punctuation and Grammar
•	Write for a specific audience, ensuring that the text is targeting their interests and needs. Experiment with a wider range of ambitious vocabulary.	Famous speeches analysed: <u>Famous Short Speeches For Your Inspiration Homework Lab (homework-lab.com)</u>	Guide – The Work Book.
		Inference: https://www.bbc.co.uk/bitesize/guides/zcxqg82/revision/1 https://www.bbc.co.uk/bitesize/topics/z43g87h/articles/z6h6 https://www.bbc.co.uk/bitesize/topics/z6h6 <	
		How to compare texts: How to structure a comparison response - How to compare texts - WJEC - GCSE English Language Revision - WJEC - BBC Bitesize Advice on comparing texts: How to Succeed in the new 9-1	
		English GCSE: How to compare texts (getmygrades.co.uk) Five ways to analyse rhetoric: 5 Ways to Analyze Nonfiction and Rhetoric The Daring English Teacher	
_	delitional Description		

Additional Resources

Seneca Learning online learning platform; BBC Bitesize website, Young Writers online website; Jumpmag website (etymology for children).

Online Nonfiction news reports: https://www.bbc.co.uk/newsround

Young Journalist Academy/News: The Young Journalist Academy - Establishing newsrooms based in schools across the UK

Youth Journalism: <u>Home - Youth Journalism International</u>



Year 8 Maths

You will learn	Online Resources	Teaching Reso	urces/Links
ractions Decimals and Percentages	Hegarty Maths Clips:	KS3 CGP Textbook 2 Pages:	KS3 Pearson Core Progress:
. Change time to decimal hours.	n/a	Section 5 Page 52 – 86	Unit 10 Page 246 - 249
. Recall equivalent fractions and decimals.	73	Section 5 Page 52 – 86	Unit 10 Page 250 - 253
. Recognise recurring and terminating decimals.	53	Section 5 Page 52 – 86	Unit 10 Page 250 - 253
. Order fractions by converting them to decimals or equivalent	60	Section 5 Page 52 – 86	Unit 10 Page 250 - 253
fractions.	149	Section 5 Page 52 – 86	Unit 10 Page 254 - 256
. Recall equivalent fractions, decimals and percentages.	149	Section 5 Page 52 – 86	Unit 10 Page 254 - 256
. Use different methods to find equivalent fractions, decimals and percentages.	149	Section 5 Page 52 – 86	Unit 10 Page 254 - 256
. Use the equivalence of fractions, decimals and percentages to	62	Section 5 Page 52 – 86	Unit 10 Page 254 - 256
compare two proportions.	90	Section 5 Page 52 – 86	Unit 10 Page 257 - 259
Express one number as a percentage of another when the units are	98	Section 5 Page 52 – 86	Unit 10 Page 257 - 259
different.	89	Section 5 Page 52 – 86	Unit 10 Page 257 - 259
. Work out an amount increased or decreased by a percentage.	98	Section 5 Page 52 – 86	Unit 10 Page 257 - 259
0. Use mental strategies to solve percentage problems.			
Use a multiplier to calculate amounts increased or decreased by a			
percentage.	N	N	Unit 9.1 Page 223
2. Use the unitary method to solve percentage problems.	205	N	Unit 9.1 Page 224
	206	N	Unit 9.1 Page 225
traight Line Graphs	201	N	Unit 9.2 Page 227
. Recognise when values are in direct proportion with or without a graph.	207-209	N	Unit 9.3 Page 231
2. Plot graphs and read values to solve problems.			
8. Plot a straight-line graph and work out its gradient.			
. Plot the graphs of linear functions.			
6. Write the equations of straight-line graphs in the form $y = mx + c$.			

Additional Resources

CGP – Mathematics for Key Stage Three Book One (Product code: M1NN31)

KS3 Revision - https://www.bbc.co.uk/bitesize/subjects/zqhs34j https://mathsmadeeasy.co.uk/ks3-revision/ks3-maths/



Half Termly Overview 19/02/2024 - 28/03/2024 Year 8 Science

You will learn	Online resources	Teaching Resources Links
Adaptation and Inheritance	Kerboodle Online Textbook Activate 2: P42-57	CGP Key Stage Three Science
 Describe resources that animals and plants compete for. 		(Higher Level) Complete Revision
 Describe how organisms adapt to environmental changes. 	Oak National Academy – variation	and Practice: P41-47
 Describe how variation in a species occurs. 	https://continuityoak.org.uk/Lessons?r=1131	
• Describe the difference between continuous and		CGP Key Stage Three Science
discontinuous variation.	Oak National Academy – why is variation important	(Foundation Level) Complete
 Describe how characteristics are inherited. 	https://continuityoak.org.uk/Lessons?r=1133	Revision and Practice: P42-48
 Describe the process of natural selection. 		
 Describe some factors that may lead to extinction. 	Oak National Academy – natural selection	
	https://continuityoak.org.uk/Lessons?r=1202	
Motion and Pressure		
Calculate speed.	Kerboodle Online Textbook Activate 2: P158-171	
 Interpret distance-time graphs. 	Oak National Academy – Speed	
 Describe the factors that affect gas pressure. 	https://continuityoak.org.uk/Lessons?r=1165	CGP Key Stage Three Science
 Describe how liquid pressure changes with depth. 		(Higher Level) Complete Revision
Calculate pressure.	Oak National Academy – Distance time graphs	and Practice: P120-135
Calculate the moment of a force.	https://continuityoak.org.uk/Lessons?r=1172	
		CGP Key Stage Three Science
	Oak National Academy – pressure	(Foundation Level) Complete
	https://continuityoak.org.uk/Lessons?r=1163	Revision and Practice: P114-117

Additional Resources

<u>www.senecalearning.com</u> KS3 science, 1.2.6 – Variation, 1.3.6 – 1.3.8 Competition, Natural Selection and Extinction, 3.2.4 – 3.2.8 – Speed, Pressure and Moments <u>www.freesciencelessons.co.uk</u> <u>www.bbc.co.uk/bitesize</u>



<u>Half Termly Overview 19/02/2024 to 28/03/2024</u>

Year 8 Geography – We're An Island (Coasts)

	You will learn	Online Resources	Teaching Resources/Links
•	To have an awareness of the range of coastal landscapes in the UK.	Describe the UK coastline and analyse pictures. BBC Two - Coast, Series 1, The Summary, Aerials of Coast - Wales, England, Scotland and Northern Ireland	Kerboodle. Nelson Key Geography Connections Book:
	the UK. To understand what happened to Old Harry and his wife. To understand the range of conflicts that can exist in a coastal resort. To understand why the coastline at Happisburgh is eroding so quickly. To understand how the coastline at Happisburgh can be protected. To discuss whether London is an important city. To understand how the economy has changed in Burnley over time. To understand how the UK employment structure has changed over time. To understand what trade is and how there are trade flows around the world. To understand how the UK's energy mix is made up. To understand the importance of tourism to the UK economy.	Wales, England, Scotland and Northern Ireland Correctly order the formation of a stump. Caves, arches, stacks and stumps - Coastal landforms - GCSE Geography Revision - BBC Bitesize Create a conflict matrix to highlight potential issues. Conflicts of interest - Coastal management - GCSE Geography Revision - BBC Bitesize Use photographs to identify changes over time. Accurately locate a place within the UK. Happisburgh Coastline - Britain From Above - YouTube Describe and explain different coastal protection methods. coastal defences - YouTube Coastal management strategies - Coastal management - GCSE Geography Revision - BBC Bitesize Discuss what makes London important on a national and international scale. www.bbc.co.uk/bitesize/guides/z3h7sg8/revision/1 To understand how the employment sectors have changed. Give reasons for the location of business parks. www.bbc.co.uk/bitesize/guides/zx3vtyc/revision/1 To analyse the trade flows of the UK and to know the difference between imports and exports. www.bbc.co.uk/bitesize/guides/z2knb9q/revision/1 To explain the changes in the UK energy mix. To explore how the UK is ideally placed to develop renewable sources. www.bbc.co.uk/bitesize/guides/z3tjcwx/video You will identify a range of tourist attractions in the UK and	Geography Connections Book: P16-17. AQA Geog Revision: P39. Kerboodle. Nelson Key Geography Connections Book. What is the coastal erosion problem? P18-19. Kerboodle Geog 2: P62-63. Kerboodle. Nelson Key Geography Connections book. How can coastal erosion be reduced? P20-21. Geog 1 Textbook. P58-59. Nelson Key Geography Connections, Kerboodle: P28-29. Nelson Key Geography Connections, Kerboodle: P42-43. Nelson Key Geography Interactions, Kerboodle P96-97. Nelson Key Geography Interactions, Kerboodle: P60-61. AQA Geog Revision Guide: P93.
		explain the benefits of tourism to the UK. www.bbc.co.uk/bitesize/topics/zcmfb9q	



Year 8 History: The Trenches

You will learn	Online Resources	Teaching Resources/Links
 Trenches and WW1 Recognise key features of trenches. Explain the difficulties of attacking trenches. Make a judgement on the most effective weapons. Make a judgement on Sir Douglas Haig. Evaluate the accuracy of sources. Explain why armies shot their own men. 	(1-6) Seneca Learning – This is a free interactive online learning site. You simply create an account and then click onto "Classes and Assignments" then "Join Class". You then enter this class code 9lv7fpt0c0 this will then set you a series of assignments. https://app.senecalearning.com/dashboard/courses/add?Price=Free (1-6) BBC Bitesize - read through the information in the revise section and then watch the video. There is then a test section with questions. https://www.bbc.co.uk/bitesize/guides/z4n4jxs/revision/1 Consider everything you have studied and answer this question. You can then email the answer to you teacher, using your school email. g.hargraves@unity.lancs.sch.uk l.wroe@unity.lancs.sch.uk t.shaun@unity.lancs.sch.uk d.rasul@unity.lancs.sch.uk Which was the most effective weapon? - Cavalry - The Tank Paragraph 1 – Say what the cavalry was and explain how it was/was not effective. Paragraph 2 – Describe what the tank was and how it was/was not effective. Conclusion - Pick which you think was the most important weapon and explain why you think this.	



Half Termly Overview 19/02/2024 - 28/03/2024 Year 8 French

You will learn	Online Resources	Physical Resources
ICELP resources:	Use the links below to access the class resources:	Use the link below to acces
Saying how many there are, numbers		'Languagenut'.
Describing people (family)	Lesson 1:	50X 830
Saying what people have	https://view.officeapps.live.com/op/view.aspx?src=https%3A%	https://www.languagenut.com/
aying what people do (sports)	2F%2Fresources.ncelp.org%2Fconcern%2Fresources%2Fhx11xf4	
	<u>0x-</u>	Click on NCELP tab.
	Fr SOW Y7 T2.1 W1 full lesson.pptx&wdOrigin=BROWSELINK	Click on French tab.
	Lesson 2:	Click on NCELP year 7 French.
	https://view.officeapps.live.com/op/view.aspx?src=https%3A%	Click on term 2.1 and access the
	2F%2Fresources.ncelp.org%2Fconcern%2Fresources%2Fpz50gw	appropriate week of work.
	237-	
	Fr SOW Y7 T2.1 W2 full lesson.pptx&wdOrigin=BROWSELINK	Log in to 'Languagenut' usir
	Lesson 3:	your own username ar
	https://view.officeapps.live.com/op/view.aspx?src=https%3A%	password. If you cann
	2F%2Fresources.ncelp.org%2Fconcern%2Fresources%2Fb8515n	remember these, email yo
	<u>612-</u>	Modern Foreign Languag
	Fr SOW Y7 T2.1 W3 full lesson.pptx&wdOrigin=BROWSELINK	teacher for help.
	Lesson 4:	
	https://view.officeapps.live.com/op/view.aspx?src=https%3A%	
	2F%2Fresources.ncelp.org%2Fconcern%2Fresources%2Ftb09j58	
	<u>21-</u>	
	Fr SOW Y7 T2.1 W4 full lesson.pptx&wdOrigin=BROWSELINK	
	Lesson 5:	
	https://view.officeapps.live.com/op/view.aspx?src=https%3A%	
	2F%2Fresources.ncelp.org%2Fconcern%2Fresources%2Fb2773w	
	16z-	
	Fr SOW Y7 T2.1 W5 full lesson.pptx&wdOrigin=BROWSELINK	

Additional resources

www.linguascope.com Use the Unity College login details to access the Linguascope activities. If you cannot remember these, email your Modern Foreign Language teacher for help.



Year 8 German

You will learn	Online Resources	Physical Resources
 Who does what. German definite articles: the words for 'the'. Number - Is there one or are there many? Describing Christmas. Christmas - Talking about presents you wish for. Christmas - Talking about what you and others have, and what it is like. 	Use the links below to access the class resources: 1. https://resources.ncelp.org/concern/parent/1831ck08n/file_sets/b5644t243 2. https://resources.ncelp.org/concern/parent/mp48sc78n/file_sets/1831cj97b 3. https://resources.ncelp.org/concern/parent/rb68xc01c/file_sets/rv042v85v 4. https://resources.ncelp.org/concern/parent/ms35t8752/file_sets/xg94hr13k 5. https://resources.ncelp.org/concern/parent/sj1392079/file_sets/hg37vq040	Use the link below to access 'Languagenut'. https://www.languagenut.com/ Click on NCELP tab. Click on German tab. Click on NCELP year 7 German. Click on term 1.2 and access the appropriate week of work. Log in to 'Languagenut' using your own username and password. If you cannot remember these, email your Modern Foreign Languages teacher for help.

www.linguascope.com Use the Unity College login details to access the Linguascope activities. If you cannot remember these, email your Modern Foreign Languages teacher for help.



Half Termly Overview 19/02/2024 to 28/03/2024 Year 8 Spanish

You will learn	Online Resources	Physical Resources
NCELP resources: Describing family Describing some natural wonders of the Spanish-	Use the links below to access the class resources: Lesson 1: https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2	Use the link below to access 'Languagenut'.
speaking world Asking and answering questions	Fresources.ncelp.org%2Fconcern%2Fresources%2Fk930bx07r-Sp_SOW_Y7_T2.1_W1_full_lesson.pptx&wdOrigin=BROWSELINK	https://www.languagenut.com/
	Lesson 2: https://view.officeapps.live.com/op/view.aspx?src=https://saa%2F%2 Fresources.ncelp.org%2Fconcern%2Fresources%2Fbv73c056z- Sp SOW Y7 T2.1 W2 full lesson.pptx&wdOrigin=BROWSELINK	Click on NCELP tab. Click on Spanish tab. Click on NCELP year 7 Spanish. Click on term 2.2 and access the appropriate week of work.
	Lesson 3: https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2 lesson.pptx&wdOrigin=BROWSELINK	Log in to 'Languagenut' using your own username and password. If you cannot remember these, email your Modern Foreign Languages teacher for help.
	Lesson 4: https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2	
	Fresources.ncelp.org%2Fconcern%2Fresources%2F2f75r8234- Sp SOW Y7 T2.1 W4 full lesson.pptx&wdOrigin=BROWSELINK	
	Lesson 5: https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2 lesson.pptx&wdOrigin=BROWSELINK	
Additional resources		

Use the Unity College login details to access the Linguascope activities. If you cannot remember these, email your Modern Foreign www.linguascope.com Languages teacher for help.



Year 8 Art and Design: Culture sculpture

You will learn	Online Resources	Teaching Resource	es/Links
Indigenous Native American totem pole relief sculpture	https://youtu.be/ qcGeOeFAYk?si=-nlnmoWqwo0JDKZF	Indigenous Native knowledge organiser	American
3d card relief plate creation from design work – personal response.	https://youtu.be/c9ujjCyUQxw?si=3EjBTBpGD9laEmRo	iniomodgo organico.	
Card relief printing.	https://youtube.com/shorts/- luyWy66MLA?si=9uMuaADtuwXEylUq		
Applying colour to 3D card relief – personal response and assembly with team totem pole.			

Additional Resources

www.tate.org.uk

www.craftscouncil.org.uk

www.textileartist.org

www.vam.ac.uk

www.theartstory.org

www.thestudentartguide.co.uk

www.bbc.co.uk/bitesize



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Year 8 Computer Science

You will learn	Online Resources	Teaching Resources Links
Python	Office 365	KS3 Computer Science CGP:
Lesson 6 – Comments: Understand the need for using comments	https://www.office.com/?auth=2	P117 - 123
in code and how they help programmers.	Year 8 > Content Library > Algorithms	
	Download and save the workbook in the 'Lesson Tasks' section	
Lesson 7 – Functions: Understand how functions are setup and how they work in a program.	to view and complete the activities.	
80 15	Make use of the 'Lesson Notes' section to help support your	
Lesson 8 – Iteration: Understand the two main types of iteration and use iteration in a program.	learning.	
	Download Python Python.org	
Lesson 9 – Assessment: complete the assessment questions.		
Lesson 10 – DIRT: review and improve areas from the feedback provided.		



Year 8 Design and Technology

You will learn:	Online Resources	Teaching Resources/Links
Metals - Pewter Gift	Metal source and origin:	Work pack of resources are
You will learn:	https://www.youtube.com/watch?v=917JqonyoKA&safe=active	available upon request for
About metals, their properties, applications, uses and		Pewter Gift and Sketching
stock forms.	Pewter casting process:	Challenges, from the Technology
How to work with pewter and the pewter casting process.	https://www.youtube.com/watch?v=2SEnEY3Ef7w&safe=active	Office.
How to design and communicate your ideas using a		
variety of different methods.	Safety in the workshop:	
How to work safely when completing a practical.	https://www.youtube.com/watch?v=RRLpzQBqjPs&safe=active	
How to develop and model your ideas.		
	Card modelling ideas:	
Challenges & Sketching Skills	https://www.youtube.com/watch?v=jZYrwlpm8SI&safe=active	
You will learn:		
One-point perspective.	One point, two point and isometric drawing:	
Two-point perspective.	https://www.youtube.com/watch?v=fU8so10cXUo&safe=active	
Obliques drawing.		
Sketching skills.	Sketching using construction lines:	
About different designers.	https://www.youtube.com/watch?v= uzSMAI5AuE&safe=active	
What is Biomimicry.		
	Who is Harry Beck?	
	https://www.youtube.com/watch?v=iBErp8qvWZg&safe=active	
	Who is Philippe Starke?	
	https://www.youtube.com/watch?v=MSpglmZrgel&safe=active	
Additional Resources		

Watch the link videos in the middle column above and extend your work by describing each process using words or pictures.



<u>Year 8 Drama</u>

You will learn	Online Resources
 How to create an extended performance. How to use a variety of techniques within performance. Use sound to create mood and atmosphere in performance. How to make a performance flow from moment to moment. Work as part of team to build a performance. Use abstract styles to engage an audience. Consider symbolism and messages in performance for an audience. Evaluate your own work and the work of others. 	https://classroom.thenational.academy/lessons/looking-out-of-the-window-using-still-images-and-transitions-c4r6cd https://classroom.thenational.academy/lessons/what-are-they-thinking-using-thought-tracking-and-writing-in-role-6cwkjd https://classroom.thenational.academy/lessons/close-to-our-heart-using-props-in-drama-68r68d https://classroom.thenational.academy/lessons/vocal-skills-part-1-c8ukcc https://classroom.thenational.academy/lessons/vocal-skills-part-2-70wk8c https://classroom.thenational.academy/lessons/physical-skills-part-1-crw36d https://classroom.thenational.academy/lessons/physical-skills-part-2-chj3et https://classroom.thenational.academy/lessons/combining-skills-6hk6at https://classroom.thenational.academy/lessons/combining-skills-6hk6at



Year 8 Food Technology

You will Learn	Online Resources	Teaching Resources/Links
The main aim of the unit is to develop the key practical skills in preparation for GCSE as well as gaining essential life skills. This is by using 'Foods Around the World' as a theme for the whole of year 8 projects. You will: Redevelop existing food products Extend their knowledge about hygiene, health & safety within the environment Work more independently during practical work by using individual recipe cards Gain an understanding about different French, British, Australasian cultures and their cuisines Understand lifestyles/ special diets	for the module of Food Technology:-	Secondary Teaching Resources - BBC Teach Design & Technology – Food Preparation & Nutrition section – class clips www.foodafactoflife.org.uk 11-14 yrs section Interactive resources Interactive resources www.bbcfood.co.uk To use the website to access recipes to practise dishes
 Develop their practical skills further There will also be opportunities for you to: Understand industrial practice in the given areas Develop presentation and research skills Practical Work (optional) Encouragement of carrying out practical work at home linking to the practical activities: Recipes made are: Quiche, Anzac Biscuits, Curry, Cheesecake, Chilli Cobbler, Black Forest Gateau, Lasagne and Fruit Pie. There is a link on the school website for these under the Curriculum. 	and complete the worksheet. How food is sold Week Four Using the link below, read the presentation on the Eat Well Guide and complete the worksheet. Eat Well Guide Week Five Using the link below, read the presentation on Energy Requirements and complete the worksheet. Energy requirements	

Additional Resources

On Satchel One

Week by week recipes for the products to be made

Quizzes to reinforce learning



Year 8 iD

You will learn	Online Resources
About attitudes towards mental health.	PSHE Association - Mental Health and Emotional Wellbeing
How to challenge misconceptions stigma.	
About daily wellbeing.	Movember - Happier, healthier, longer
How to manage emotions.	
How to develop digital resilience.	Every Mind Matters – Dealing with change; Online stress and FOMO
About unhealthy coping strategies (e.g. self- harm and eating disorders)	
about healthy coping strategies.	



<u>Half Termly Overview 19/02/2024 - 28/03/2024</u>

Year 8 Music

You will learn	Online Resources	Teaching Resources/Links
Unit of Work: Blues and Improvisation In this unit of work, you will continue to use the chord patterns that you studied when learning to play the ukulele and begin to apply them to pieces of music that you compose and perform in a blues chord pattern. You will be introduced to the blues scale to build on the pentatonic, major and minor scales that have previously been studied. You will then begin to explore improvisation.	Email: music@unity.lancs.sch.uk Password: Music123	Work pack of resources are available upon request from the Art Office.



Year 8 Core PE

You will Learn	Online Resources	Teaching Resources/Links
 To know how to factor in exercise at home. To know how to plan and carry out your own exercise session at home using minimal equipment. 	https://www.youtube.com/user/thebodycoach1 Joe Wicks 30-minute PE lesson for everyone to have a go at – Fitness and fun.	Unity College PE- Home activities (padlet.com)
	https://www.youtube.com/channel/UCu-rJFVlr7ZAZ0en3RRALPw Max Whitlock gymnastics sessions at home. Every Tuesday & Friday at 3:30pm.	Use this link to our PE Padlet with lots of activities that you can complete at home. There are lots of tasks and videos
	https://www.youthsporttrust.org/pe-home-learning PE activities that can be done individually or in pairs/small groups with a focus on the development of physical competence and actively learning the importance of personal skills to support social, emotional and mental wellbeing.	for you to watch and have a go at. https://padlet.com/mwilliams39 3/j08dqdvaa3kmozht
	https://www.youthsporttrust.org/60-second-physical-activity-challenges A fun 'compete against yourself' approach to physical activity with a focus on resilience and perseverance and the aim to achieve bronze, silver or gold medal aims. We have a range of activity cards and videos.	
	https://www.youthsporttrust.org/active-learning Teaching wider school subjects such as English and Maths in a physical way so as to reduce children sitting for too long and making the learning fun e.g. timetable squats.	
	https://burnleyleisure.co.uk/category/news/home-workouts/	9



Year 8 RE: What does it mean to be Muslim?

You will learn	Online Resources	
• What are the key beliefs? Islam began when the Qur'an was revealed to Prophet Muhammad, 'the Seal of the prophets'. Muhammad recorded and taught the Qur'an to others and it became the unchanged word of God. Surah Al-Fatiah, the opening verse, shows faith in one God (Tawheed) and strengthens faith in Allah's power and authority. It also shows Muslims seek Allah's guidance in all aspects of life.	https:// <u>www.youtube.com/watch?v=JE4MT-4wwU4</u>	
• What does a Muslim have a duty to do? Jihad is the inner struggle to be a good Muslim. The five Pillars of Islam are the key practices that all Muslims have a duty to do in their lives. They are referred to as pillars because they are the foundation of Muslim life. The Pillars are Shahadah (Declaration of faith), Salah (Prayer), Sawm (Fasting), Zakat (Charity), Hajj (Pilgrimage).	https://www.truetube.co.uk/resource/the-five-pillars-of-islam/	
• What is Ramadan? Ramadan, the 9th Month of the Islamic calendar. As it is the month when the Qur'an was first revealed to Prophet Muhammad is a very holy month. It is a month of fasting and abstaining from things considered to be impure for the mind and body. It is a way to worship and for Muslims to feel a closer to Allah.	https://www.youtube.com/watch?v=NiHYmSwPLks	
What happens during Ramadan? Ramadan is often recognised as the month of food fasting however, there is much more to it than that. Muslims use Ramadan as a time to be closer to Allah therefore they will spend more time in prayer, reading the Qur'an and with family. Muslims will also avoid distractions and negative behavior for example, television, swearing and gossip.	https://www.bbc.co.uk/news/explainers-56695447	
• What is the aim of Zakat? Zakat is one of the 5 pillars of Islam. It is a duty that has to be completed once a year an involves Muslims giving 2.5% of their disposable income to charity. It is often given during the month of Ramadan as this is a very holy month and brings greater rewards.		
• Why celebrate Eid? There are 2 Eid celebrations in Islam: Eid UI-Fitr and Eid UI-Adha. Eid means feast or festival and Eid UI-Fitr, taking place at the end of Ramadan is "the festival of the breaking of the fast". It is a festival of prayer, family, food and gifts.		